

# Heaven's Reach Ministries

Newsletter September 08

Mission Honduras

Showing, Teaching, and Releasing God's Love

## Blessings come in threes!

- New Life: two of the ladies have had babies this month. Melissa was blessed to be a part of their births.
- Helping Mercy: Henry and Cindy allowed Melissa to help while they were in the states. That was a learning curve.
- Sharing the vision: I attended two conferences in the states sharing our ministry.
- .Prayer Points: Several Sponsored students are graduating this year. Looking to the future.

September was a month full of additions and blessings. On September 12<sup>th</sup> Lola (one of the ladies who work at the farm) delivered twins. Lola had to have a cesarean due to the second twin lying sideways



instead of head down.

Lola went into labor on her own before the scheduled surgery, and since **these were babies' number 8 & 9** things went very fast. We got to the hospital and within two hours we were having babies. I was blessed to be able to go into the operating room with her and to see the babies born.

Jefferson Jesus was born first and weighed 6lbs and 8 oz. Cindy Melissa was born second weighing 5lbs 9 oz. They are very healthy. I can't believe they turned 1 month old yesterday!

September 22<sup>nd</sup> Ana, one of our college students, went into labor. It was not quick like Lola at all. She contracted all day, but I knew it wasn't

quite strong enough so she stayed at the farm with me.

The next morning things were moving along and I took her in to the hospital. We had all our pink clothes and blankets with us (she had 3 ultrasounds and the doctor says it's a girl!). It was 7:30am on the 23<sup>rd</sup> and she was only 3cm after laboring for 24hrs.

So, we went back to the farm and walked. At 10:30 am we went back to the hospital and at 11:30 she was 5cm. She didn't deliver until 10:30 pm. We had lots of surprises during her labor and delivery. The first one, and the reason it took so long for delivery was that the baby was looking up and sideways when it came out.

So it was a tough delivery, but considering that she had absolutely no medicine she did an excellent job. God was with her and she did it without having to have a cesarean.



In Honduras, **there are no epidurals** or pain medicines for labor and delivery. The sentiment is that it is a natural thing and there is no need for any. So **Ana received nothing**

**and labored for 2 days** total. Oh, and as for Lola she did get an epidural for her cesarean and IV pain medication for the first 24 hours, but after that nothing.



They sent her home with a prescription for prenatal vitamins and nothing else. I couldn't believe it. I stopped at the pharmacy and got her some Tylenol and Ibuprofen 600mg.

When I took her to the health clinic a week later to have her stitches out; (they do an incision from above your belly button down to your pelvic bone here and use stitches not staples) the doctor asked her if she had been taking any medications. She told the doctor about the Tylenol and Ibuprofen and the doctor said the ibuprofen was too strong to be taking.

I myself did have two children without any medicines, but I've had abdominal surgery and I can't imagine doing that without pain pills! Wow I can't believe how strong the women here must be.

Back to Ana and her big surprise, when the baby started coming out I was surprised that

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the baby was looking sort of up and sideways (I'm a labor and delivery nurse and this isn't the norm!), but that wasn't the biggest surprise.

As the baby was coming out, I was saying how cute she was, the doctor laid her up on Ana's belly, and oh my, it wasn't a girl! It was a big healthy boy!



Michael Alexander weighed 7lbs. He went home in pink because we didn't have any blue, but I'm sure he'll be secure enough in his manhood

that it won't damage him for life!

I also want to say 'I was blessed in a tremendous way by Henry and Cindy' (right). They entrusted me with their ministry duties in Honduras while they are in the states. I can't begin to tell you the things I've learned about them and ministry itself! It has been a challenge.

It has been rewarding in ways I can't explain. It has been so very enlightening! They are an awesome couple and they have so many awesome things going on here! I do not take it lightly that they trusted me with what they've spent their lives building!



Family and mentors they make it possible.

Dean was in the states attending conferences this month sharing what we are doing. Life in and out of ministry is about relationships. It takes time to share but it is necessary especially the first few years of missions.

## Prayer Points:

- Hope and a Future: There are several that are graduating this year. Please pray they will have God's direction as they look beyond high school
- Our kids: please continue to pray for Haley and Justin.
- The Invasion: We are going to talk with someone that may help drill for water in the invasion. The invasion still needs a bathroom in each home.
- Partnerships: Please pray that these new relationships will turn into partnerships.



God Bless you all!

Dean & Melissa Lowman